

Below is a progression of counting skills that children should be practising throughout Primary School. Children should practise counting every single day and shouldn't move on to the next stage until they can confidently and fluently count at their current stage level.

To make counting more engaging, below the table are some ideas on how to make counting active and fun. During the early stages, it is important that children use objects to count to develop an understanding of quantity. If your child is struggling with counting whole number sequences, try printing out a 0-100 number square. Colouring numbers in the sequence can help children to identify patterns.

| Stage | Counting Objective | Notes/ Advice |
| :---: | :---: | :---: |
| 1 | Count objects to 10. | Use fingers or ten identical objects such as pasta shapes or beads on a string. |
| 2 | Count objects to 20 . Count backwards from 10. | Use identical objects to count. <br> Practise this until you are as confident and fluent counting backwards as you are forwards. |
| 3 | Count to 30 in ones. <br> Count an irregular arrangement of up to 20 objects. <br> Count backwards from 20. | Continue to use objects to count, but also counting movements e.g. Steps <br> Take a handful of objects from a jar. Drop them on the table. Practise counting accurately by organising objects. |
| 4 | Count to and across 100, forwards and backwards, from any given number. <br> Count in whole hours | Count whilst waiting for something to happen. E.g. Toast to cook in the toaster, kettle to boil <br> Guess a good start number to see if you can count backwards so that something happens at 0. E.g. Toast popping up <br> Count 2 minutes by counting to 120 or down from 120, using a topic word between each number e.g. 1 jellyfish, 2 jellyfish, 3 jellyfish to estimate seconds <br> 1 o'clock, 2 o'clock, 3 o'clock... <br> Use a clock off the wall to help if you can, remember to return to 1 o'clock after 12 o'clock |
| 5 | Count in multiples of 2, 5 and 10, forwards and backwards <br> Count in $1 / 2$ hours | $2,4,6,8,10 \ldots$. Could practise counting pairs of things, like shoes <br> $5,10,15,20$.... Could make a tally chart and count groups $10,20,30,40 \ldots .$ <br> Try to go past 100 and back again with all of these. <br> 12 o'clock, $12: 30,1$ o'clock or say half past |
| 6 | Count in 10s from any number, forwards and backwards Count in multiples of 3 | E.g. 56, 66, 76, 86... <br> Make sure you cross 100 and back again. <br> 3, 6, 9, 12... (to at least 36, forwards and backwards) |
| 7 | Count in 1s from any 3-digit number up to and across 1000 and back again <br> Count in multiples of 100 | Probably better to start somewhere in the late 900s but can practise crossing any hundreds with other 3 digit starting points. <br> 100, 200, 300, 400... (Make sure you cross 1000 and back) |


| 8 | Count from 0 in multiples of 4 Count from 0 in multiples of 8 Count from 0 in multiples of 50 <br> Count in $1 / 2 \mathrm{~s}$ <br> Count in $1 / 4$ s <br> Count in multiples of 25 | $\begin{aligned} & 4,8,12,16 \ldots \\ & 8,16,32,64 \ldots . \text { (remember you can double your } 4 \mathrm{~s} \text { ) } \\ & 50,100,150,200 \ldots . . \\ & 1 / 2,1,11 / 2 \ldots . \\ & 1 / 4,2 / 4(\text { or } 1 / 2), 3 / 4,1 \ldots . . . . \end{aligned}$ <br> Look for repeated pattern due to being $1 / 4$ of 100 |
| :---: | :---: | :---: |
| 9 | Count in tenths as a fraction and decimal <br> Count in multiples of 1000 | $0.1,0.2,0.3 \ldots$. or $1 / 10,2 / 10,3 / 10 \ldots$. . (make sure you cross 1 and back) <br> When confident, see if you can swap between the two mid-count eg $0.1,0.2,3 / 10,4 / 10,0.5$ <br> You could count mm on a ruler as tenths of a cm , e.g. $0.1 \mathrm{~cm}, 0.2 \mathrm{~cm}$ 1000, 2000, 3000..... |
| 10 | Count backwards and then forwards through 0 to include negative numbers <br> Count in multiples of 6 Count in multiples of 7 Count in multiples of 9 Count in multiples of 11 Count in multiples of 12 | Using an image of a thermometer is always good for this Once confident, see if you can count back through 0 in other multiples e.g. $2 \mathrm{~s}, 3 \mathrm{~s}$, etc <br> Add 10 and subtract 1 each time (look for patterns) Add 10 and add 1 each time (look for patterns) <br> Use Times Table Rock Stars to practise all times tables up to $12 \times 12$. Counting supports this, but make sure children are practising recall of facts in a random order. |
| 11 | Count up and down in hundredths <br> Count in $1 / 2 \mathrm{~s}$, as fractions and decimals, forwards and backwards | Try in decimals and fractions. Look to say tenths when you can e.g. $0.08,0.09,0.1,0.11$ or $8 / 100,9 / 100,1 / 10$, 11/100 <br> Colour in a blank $10 \times 10$ grid square as you count to help with recognising tenths. $1 / 2,1,1112,2 \ldots \ldots \text { or } 0.5,1,1.5,2 \ldots \ldots .$ |
| 12 | Count in $1 / 4 \mathrm{~s}$, as fractions and decimals, forwards and backwards Count in $1 / 3 \mathrm{~s}$, forwards and backwards | $1 / 4,1 / 2,3 / 4,1 \ldots$ or $0.25,0.5,0.75,1 \ldots$ $1 / 3,2 / 3,1,1 \text { 1/3... }$ |
| 13 | Count in $3 / 4 \mathrm{~s}$, as fractions and decimals, forwards and backwards Count in 2D shapes, starting with triangle | $3 / 4,11 / 2,21 / 4 \ldots \quad \text { or } \quad 0.75,1.5,2.25 \ldots$ <br> triangle, quadrilateral, pentagon, hexagon, heptagon, octagon, nonagon, decagon, hendecagon, dodecagon |

Make it fun by counting whilst doing:

- Star jumps
- Bunny jumps
- Lunges
- Hops on one leg
- Squats
- Bouncing a ball on a racquet
- Any other repetitive exercise you can think of!

